

ConVal Athletics

Pre-season Checklist

Coach:

Sport:

Date:

- _____ **Submit Finalized Roster**
- _____ **Submitted Program Goals**
- _____ **Coaches Handbook Acknowledgement Form**
- _____ **Personal Information Sheet**
- _____ **Uniform Inventory**
- _____ **Copy of Coaches Certification (on file)**
- _____ **Copy of CPR Certificate**
- _____ **Copy of First Aid Certificate**
- _____ **NHIAA Online Rules Review**
- _____ **Concussion Course**
- _____ **NFHS Coaching Principals Course Part I (In Person)**
- _____ **NFHS Coaching Principals Course Part II (Online)**